



Chalk Ridge - Week 1 Menu

Week commencing: 31st August, 21st September, 12th October,

MONDAY

MAIN MEAL



Beef Burger in a Bun served with Potato Wedges, Mixed Garden Salad and Coleslaw

VEGETARIAN



Veggie Burger in a Bun served with Potato Wedges, Mixed Garden Salad and Coleslaw

JACKET POTATO / PASTA



Jacket Potato with a choice of Tuna Mayonnaise, Cheddar Cheese or Baked Beans filling

DELI



White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling

DESSERT



Chocolate Brownie

TUESDAY



Chicken Curry & Rice served with Peas and Sweetcorn



Chickpea and Sweet Potato Curry & Rice served with Peas and Sweetcorn



Jacket Potato with a choice of Tuna Mayonnaise, Cheddar Cheese or Baked Beans filling

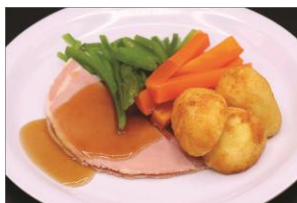


White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling



Oaty Cinnamon Cookie

WEDNESDAY



Roast Gammon served with Roast Potatoes, Seasonal Vegetables and Gravy



Vegetarian Sausage served with Roast Potatoes, Seasonal Vegetables and Gravy



Jacket Potato with a choice of Tuna Mayonnaise, Cheddar Cheese or Baked Beans filling



White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling



Rainbow Jelly

THURSDAY



Ham Pizza served with Potato Wedges, Mixed Garden Salad and Coleslaw



Margherita Pizza served with Potato Wedges, Mixed Garden Salad and Sweetcorn



Jacket Potato with a choice of Tuna Mayonnaise, Cheddar Cheese or Baked Beans filling



White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling



Peach Crumble & Custard

FRIDAY



Battered Fish served with Chips, Beans, Peas & Tomato Ketchup



Veggie Bolognaise Loaded Jacket Potato



Jacket Potato with a choice of Tuna Mayonnaise, Cheddar Cheese or Baked Beans filling



White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling



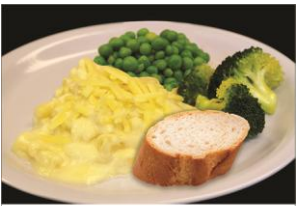
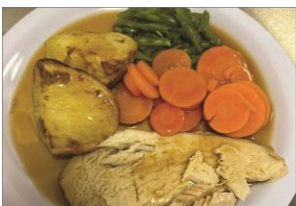
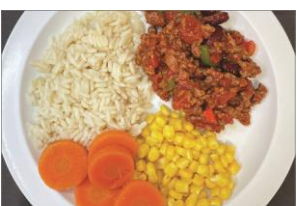
Fruity Friday

All meals come with seasonal vegetables or salad of your choice.

*Some photos may depict different sides to those described.

Chalk Ridge - Week 2 Menu

Week commencing: 7th September, 28th September, 19th October

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DELI	DESSERT
MONDAY	 Sausages served with Mashed Potato and Seasonal Vegetables	 Vegetarian Sausage served with Mashed Potato and Seasonal Vegetables	 Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling	 White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling	 Chocolate Sponge with Chocolate Custard
TUESDAY	 Tuna Pasta Bake served with Warm Baguette and Seasonal Vegetables	 Macaroni Cheese served with Warm Baguette, and Seasonal Vegetables	 Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling	 White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling	 Banana Muffin
WEDNESDAY	 Roast Turkey served with Roast Potatoes, Seasonal Vegetables and Gravy	 Vegetarian Mince & Onion Pie served with Roast Potatoes, Seasonal Vegetables and Gravy	 Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling	 White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling	 Rainbow Jelly
THURSDAY	 Mild Beef Chilli Con Carne with Rice and Seasonal Vegetables	 Vegetarian Mince Chilli and Rice with Seasonal Vegetables	 Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling	 White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling	 Shortbread
FRIDAY	 Fish Fingers or Salmon Fish Fingers served with Chips, Beans, Peas & Tomato Ketchup	 Cheese & Tomato Pizza served with Chips, Beans, Peas & Tomato Ketchup	 Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling	 White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling	 Fruity Friday

All meals come with seasonal vegetables or salad of your choice.
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Chalk Ridge - Week 3 Menu

Week commencing: 14th September, 5th October

MONDAY

MAIN MEAL



Sausage & Baked Bean Hotpot served with Mashed Potato and Seasonal Vegetables

VEGETARIAN



Veggie Sausage and Baked Bean Hotpot served with Mashed Potato and Seasonal Vegetables

JACKET POTATO / PASTA



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling

DELI



White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling

DESSERT



Flapjack

TUESDAY



Homemade Beef Lasagne served with Warm Baguette and Seasonal Vegetables



Veggie Meatballs & Pasta served with Warm Baguette and Seasonal Vegetables



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling

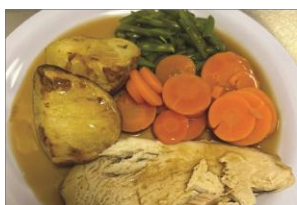


White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling



Chocolate Cornflake Cake

WEDNESDAY



Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Gravy



Creamy Vegetable Pie served with Roast Potatoes and Seasonal Vegetables



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling



Rainbow Jelly

THURSDAY



American Chicken Wrap served with Warm Baguette and Seasonal Vegetables



Vegetable Paella served with Warm Baguette and Seasonal Vegetables



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling



Apple Crumble & Custard

FRIDAY



Fish Fingers served with Chips, Beans, Peas & Tomato Ketchup



Macaroni Cheese served with Warm Baguette and Seasonal Vegetables



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



White Roll with your choice of Cheese, Ham or Tuna Mayonnaise filling



Fruity Friday

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