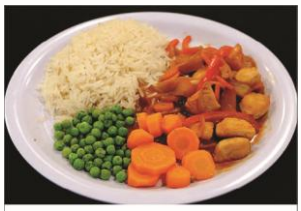
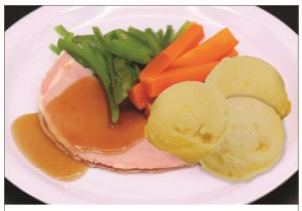
Chalk Ridge - Week 1 Menu

Week commencing: 2nd November, 23rd November, 14th December, 11th January, 1st February

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 Crunchy Vegetable Fingers with Dry Roasted Potato Wedges and Seasonal Veg	 Pea & Mince Keema with Rice and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Chocolate Cookie
TUESDAY	 Sweet & Sour Chicken with Rice and Seasonal Veg	 Tex-Mex Vegetable Enchilada with Rice and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Banana Traybake with Custard
WEDNESDAY	 Roast Gammon served with Mashed Potato, Seasonal Vegetables and Gravy	 Sizzling Toad in the Hole with Mashed Potato, Gravy and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Jelly with Mandarins
THURSDAY	 Welsh Pork Sausages & Beans with Mashed Potato and Seasonal Veg	 Margherita Pizza served with Potato Wedges, and Seasonal Vegetables	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Pear & Chocolate Sponge
FRIDAY	 Fish Fingers or Salmon Fingers with Oven Chips, Garden Peas and Baked Beans	 Campfire Quorn Sausages & Beans with Mashed Potato and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Fresh Fruit

All meals come with seasonal vegetables or salad of your choice.

*Some photos may depict different sides to those described.

Chalk Ridge - Week 2 Menu

Week commencing: 9th November, 30th November, 21st December, 18th January, 8th February

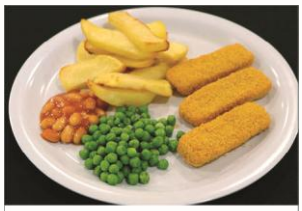
	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 Vegan Sausage Roll served with Potato Wedges and Seasonal Vegetables	 Macaroni Cheese served with Seasonal Vegetables	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Lemon Sponge
TUESDAY	 Chicken Fajita with Rice and Seasonal Veg	 Rainbow Sweet & Sour Vegetables with Rice and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Chocolate Shortbread
WEDNESDAY	 Roast Turkey served with Roast Potatoes, Seasonal Vegetables and Gravy	 Rich Sweet Potato & Lentil Wellington with Roast Potatoes, Gravy and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Cheese & Crackers
THURSDAY	 Chicken & Bacon Pasta Carbonara with Warm Baguette and Seasonal Veg	 Margherita Pizza served with Potato Wedges, and Seasonal Vegetables	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Apple Crumble with Custard
FRIDAY	 Battered Fish with Oven Chips, Garden Peas and Baked Beans	 Hearty Pasta Bolognaise with Warm Baguette and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Fresh Fruit

All meals come with seasonal vegetables or salad of your choice.

*Some photos may depict different sides to those described.

Chalk Ridge - Week 3 Menu

Week commencing: 16th November, 7th December, 4th January, 25th January, 15th February

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 Cheese & Tomato Pinwheel with Dry Roasted Potato Wedges and Seasonal Veg	 Chinese-Style Egg Rice with Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Shortbread
TUESDAY	 Beef Burger in a Bun with Dry Roasted Potato Wedges and Seasonal Veg	 Victory Burger in a Bun with Dry Roasted Potato Wedges and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Chocolate Brownie
WEDNESDAY	 Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Gravy	 Classic Mince & Onion Pie with Roast Potatoes and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Pineapple Upside Down Cake
THURSDAY	 Chicken Tikka Masala with Rice and Seasonal Veg	 Margherita Pizza served with Potato Wedges, and Seasonal Vegetables	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Dutch Apple Pie with Custard
FRIDAY	 Fish Fingers or Salmon Fingers with Oven Chips, Garden Peas and Baked Beans	 Golden Chickpea Curry with Rice and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Fresh Fruit

All meals come with seasonal vegetables or salad of your choice.

*Some photos may depict different sides to those described.